



# NYF Guru Package - 14 Nights / 15 Days


Travel Date: October 9<sup>th</sup> – October 23<sup>rd</sup>, 2024

## Overview of the Itinerary:

<p><b>Kathmandu</b></p> <p>October 9<sup>th</sup> Day 1</p>	<p><b>Arrival at Kathmandu International Airport.</b> An agent will welcome and transfer to the Hotel Welcome cultural dinner is planned to enjoy Nepalese traditional dance, music and authentic Nepalese dinner at an ancient architectural building of 150 yrs of history.</p>	
<p><b>Swayambu</b></p> <p>October 10<sup>th</sup> Day 2</p>	<p>Early morning drive to a Hilltop Swayambunath stupa, 2000 yrs old. According to legend, a lake filled the Kathmandu valley until the Bodhisattva Manjushri drained it with a slash of his sword, thus remaining a single lotus flower bloomed on a hilltop transforming into now Swayambu Nath (means- self existent one). You will have a chance to visit a monastery &amp; meet Venerable Monk for blessings. Lunch on your own and then pack &amp; ready to fly to Pokhara rest or explore Pokhara Lakeside for yummy dinner or shopping if time permits.</p>	
<p><b>Pokhara</b></p> <p>October 11<sup>th</sup> Day 3</p>	<p><b>Trek Preparation &amp; Short Hike</b> After Breakfast Half Day sightseeing Barahi Temple, Boating at Fewa Lake, Hike to Shanti Stupa Sunrise Tour. Drive back to Pokhara Purna Center.</p>	



## PANCHASSEE YOGATREK

<p><b>Panchassee</b></p> <p>October 12<sup>th</sup> Day 4</p>	<p><b>Pokhara – Bhadaure (1800m)</b> Morning yoga session and breakfast drive to Khade and 2hr trek to Bhadaure Village.</p>	
<p><b>Trekking</b></p> <p>October 13<sup>th</sup> Day 5</p>	<p><b>Bhadaure – Bhanjyang (2060m)</b> Morning Yoga/Meditation After Breakfast. Ready to trek for 4.5hrs to Bhanjyang village through the forest as a meditation or forest bathing in silence as you view the peaks of the mountains range along the way.</p>	
<p><b>Trekking</b></p> <p>October 14<sup>th</sup> Day 6</p>	<p><b>Bhanjyang – Panchassee Tower (2250m) - Bhanjyang</b> Early morning, we hike up to the panchassee Temple and will do yoga on top see the sunrise and back to Bhanjyang and Rest.</p>	

<p><b>Purna</b></p> <p>October 15<sup>th</sup> Day 7</p>	<p><b>Bhanjayang – Ghattichina – Pokhara (Purna Center)</b></p> <p>After morning practices and breakfast trek down to Ghattichina around 5hr on the way we make a River Bath and do the meditation with the water sound from Ghattichina we drive back to Pokhara. Overnight at Purna Center.</p>	
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### Yoga, Music & Wellness Festival

<p><b>Festival</b></p> <p>October 16<sup>th</sup> Day 8</p>	<p>Ready for Nepal Yoga Festival <b>Day 1</b></p> <p>Morning breakfast at the hotel and take a free shuttle ride to PURNA CENTER our venue. Welcome bag at Check in &amp; ready for Welcome Open Ceremony, classes, meet soulful attendees &amp; evening concerts. Enjoy Herbal tea all day and Healthy lunch/ dinner served</p>	
<p><b>Festival</b></p> <p>October 17<sup>th</sup> Day 9</p>	<p>Ready for Nepal Yoga Festival <b>Day 2</b></p> <p>Morning breakfast at the hotel and take a free shuttle ride to PURNA CENTER our venue. Enjoy your classes, meet soulful attendees &amp; evening concerts Relax enjoy Herbal tea all day and Healthy lunch / dinner serve</p>	
<p><b>Festival</b></p> <p>October 18<sup>th</sup> Day 10</p>	<p>Ready for Nepal Yoga Festival <b>Day 3</b></p> <p>Morning breakfast at the hotel and take a free shuttle ride to PURNA CENTER our venue. Enjoy your classes, meet soulful attendees &amp; evening concerts Relax enjoy Herbal tea all day and Healthy lunch / dinner served</p>	
<p><b>Festival</b></p> <p>October 19<sup>th</sup> Day 11</p>	<p>Ready for Nepal Yoga Festival <b>Day 4</b></p> <p>Morning breakfast at the hotel and you will have free shuttle pick up to PURNA CENTER our venue. Enjoy your classes, meet soulful attendees &amp; evening concerts Relax enjoy Herbal tea all day and Healthy lunch/ dinner served. Gather for Closing Ceremony!</p>	
<p><b>Festival</b></p> <p>October 20<sup>th</sup> Day 12</p>	<p>Morning breakfast at Purna, Enjoy the day late afternoon Fly back to Kathmandu Drive to Nagarkot Settled in the Himalayas foothills, Nagarkot offers breathtaking sunrise and sunset views over panoramic views of the Himalayas, making it a perfect tour for nature lovers and adventure seekers. Overnight at Nagarkot Hotel.</p>	
<p><b>Nagarkot</b></p> <p>October 21<sup>st</sup> Day 13</p>	<p>Morning walk to the view point for Sunrise and Panoramic Mountain view enjoy the whole day. Overnight at Nagarkot Hotel.</p>	

<p><b>Bhakatapur</b></p> <p>October 22<sup>nd</sup> Day 13</p>	<p>Morning after Breakfast Drive to Bhakatapur. Bhaktapur Durbar Square is an open museum holding exciting palace, courtyards, royal bath, sculptures, pagodas, Shikhara style temples and Buddhist monastery along with exclusive architecture. This is the most beautiful Durbar you visit in your Nepal tours. Overnight at Bhakatapur Hotel.</p>	
<p><b>Departure</b></p> <p>October 23<sup>rd</sup> Day 14</p>	<p>Morning breakfast at Kathmandu hotel and check out for departure or last-minute gift shopping at the heart of Thamel depending on your flight schedule.</p>	

**SUBHA YATRA - Have safe flight back home**

**NOTES: DURING THE FESTIVAL TIME IF YOUR PREFERRED CLASSES ARE NOT AVAILABLE OR FULL FOR THAT DAY, YOU ARE WELCOME TO EXPLORE THE TOWN OR BOOK AN EXCITING TOURS POKHARA HAS TO OFFER. WE WILL HAVE TOUR AGENTS THERE TO HELP YOU BOOK FOR A FEE OR TRY SOME FREE HANDS-ON WORKSHOP AVAILABLE TO YOU FOR A DONATION TO SUPPORT THE NEPALESE ARTIST OR YOU CAN JUST ENJOY THE VENUE W/ TRICKLING WATER SOUNDS & MORE....**

**Package Cost**

**Twin Sharing Base: USD 2458 PP**

**Single Accommodation Base: USD 2668**

**Cost Includes**

- Accommodation on twin sharing basis.
- All Meals with all the program during the stay in Pokhara (PURNA)
- 3night in Kathmandu Hotel
- 8 Nights program at PURNA Or Partner Hotel.
- 3 Night / 4 Days Panchassee Yoga Trek
- Trek permit, All the meals, Guide, Transport with government Tax.
- Welcome program at PURNA
- All the Pickup and Drop and sight seen tour Transports
- Flight ticket cost from Kathmandu - Pokhara - Kathmandu
- Airport pick and drop facilities in Pokhara and Kathmandu
- Sightseeing in Swyambhunath, including Transport and Entrance fee.
- All the Government Tax

**Cost Excludes**

- Main meals during the Kathmandu Stay.
- Beverages (Hard/Soft drinks + Mineral Water Bottles)
- Vaccination & Nepal entry visa fee
- International airfare and airport tax
- Personal accidental and health insurance
- Personal travel equipment and medical supplies
- Expenses of personal nature such as bar bills, laundry, communication charges, donation etc.
- Any cost arises due to flight cancellation, landslide, road blockage, political disturbance etc.
- Any other services and expenses that are not specifically mentioned in the program
- Expenses due to flight delay, sickness or any other contingency